



Areas of Expertise

- Executive coaching
- Leadership coaching
- Career & transition coaching
- Positive psychology
- Strengths-based assessment
- Team workshop facilitation

Certifications

- Meyers Briggs Type Indicator
- Hogan Suite of Assessments (scheduled May 2016)
- Now What? Coaching
- PDI Profilor
- Zenger Miller Frontline Leadership

Cheryl Schofield, M.Ed.

Cheryl Schofield is a professional coach and consultant with extensive experience in organizations and individual engagements to include personal, career, executive and leadership development coaching and counseling. Cheryl supports and helps empower people seeking clarity, direction, improvement and growth in their careers and their lives, helping them focus on their strengths and what's possible. She brings a combination of respect, empathy and authenticity to her experience with business and personal clients alike, with a focus on goals, action and results. She helps companies and individuals achieve their short-term and long-term goals through breadth and depth of experience with human capital matters to include organization design, talent acquisition, performance development, recognition, learning and succession planning.

As a human resources leader for a growing team of employees supporting numerous lines of business in a multi-billion dollar organization, Cheryl was instrumental in contributing to the success of the company and of these talented individuals through a positive focus and dedicated investment in human potential, coaching and development. Her clients are with businesses and non-profit organizations to include Advance Auto, Northern Trust, Walgreens, Whirlpool, and United Airlines.

Cheryl holds a Master of Education degree with an emphasis in positive coaching, and a graduate certificate in positive psychology, both from the University of Missouri-Columbia. She received her Bachelor's degree in psychology from Northern Illinois University, and coach training from Coach University, Inc. Cheryl is a member of the International Coach Federation, as well as the Institute of Coaching at McClean Hospital, and the International Positive Psychology Association.