



## M.J. Jiaras, Psy.D.

M.J. Jiaras, Psy.D. is an executive coach, trainer, motivator and cultural change expert, that blends academic and practical experience with widely regarded expertise in group dynamics. His unique combination of enthusiasm, insight, creativity, humor, wisdom and uncommon warmth has enabled him, for nearly a decade, to help clients achieve superior results in their quest for leadership excellence. Fortune Magazine has voted two of M.J.'s coaching clients to their list of the nation's "50 Most Powerful Executives."

With an expertise in leadership development, organizational change and performance enhancement M.J. tailors proven processes to the needs of his clients to create significant and sustainable positive results for his clients.

The specific services offered by M.J. are one-on-one coaching, team-building, communication enhancement (for individuals and teams), assessments, strategic focus and change management. An outstanding speaker and expert facilitator, M.J.'s high impact presentations and training sessions are widely sought after. His clients have included a number of top-tier companies like Allstate, Discover, Exelon/ComEd, Hyatt and Walgreens. He also has expertise in the non-profit community, having worked with The Chicago Community Trust, The Joffrey Ballet, and the Ravinia Festival.

M.J. holds doctoral and masters degrees in Clinical Psychology from the Illinois School of Professional Psychology, and a Bachelor of Arts degree in psychology from the University of Wisconsin. He received his coaches training from the Coaches Training Institute. He's a member of both the International Coaching Federation and the American Psychology Association.

### Areas of Expertise

- Executive Coaching
- Leadership Coaching
- Team Coaching
- Facilitation
- Strategic Planning
- Personality and Style Assessment

### Certifications

- Hogan Leadership Suite of Assessments
- Leadership Effectiveness Analysis
- CPI 260
- Myer Briggs Type Indicator
- Sales Achiever
- Realise 2 Strengths Assessment